



## Oregon Family Support Network – May events

OFSN supports families raising children who experience emotional, behavioral, or mental health challenges. Call to find out more about our services! **541-342-2876**



**Every Tuesday morning 9:30-11:00**  
Visit with other parents and enjoy coffee and snacks!  
**OFSN Office - 72 A Centennial Loop #150**

### Warm Helpings

Enjoy a delicious dinner and time with other families!



**Every Thursday**  
5:30 - 7:30 pm

At the OFSN office:  
72A Centennial Loop  
#150, Eugene

Bring the whole family! After dinner, children age 10 and under can participate in supervised activities in our new childcare room.

RSVP required: 971-219-7949



### FREE FAMILY SWIM

**Every Friday**  
6:30 - 8:30 pm

Emerald Park Pool - 1400 Lake Dr, Eugene  
Call / text to reserve a spot: 971-219-7949

### FOOD PANTRY



Stop by during one of our events or call to schedule a time to come in: **541-342-2876**

### Collaborative Problem Solving Parenting Group

Monday nights, 6-8 pm  
8-week session - Sign up ahead of time

Call / text **541-360-1482** for details

Childcare provided.



### Respite care

Giving parents & caregivers a break  
Call / text to reserve a spot: 971-219-7949

**Every Thursday 2:00-4:00 & 4<sup>th</sup> Saturday of each month**

Two sessions: 9:30-12 or 12:30-3

**For children 10 and under**

Children up to age 12 may be able to attend with younger siblings.

OFSN is an equal opportunity provider



**Oregon Family Support Network**